GENDER EXPANSION PROJECT

Montana Trans Resource Guide

Expanding the Spectrum of Gender

Updated February 2016

Billings Specific Resources

Therapists

Donna Juhl, MA LCPC
704 N 30th Street
Billings, MT 59102
(406) 255-7727

Tiffany Garner, MS LCPC
South Central Treatment Associates
Grand Ave Professional Building
304 Grand Ave.
Billings, MT 59101
(406) 259-1602
(406) 246-4566

Ginny Prior
2475 Village Ln, #102
Billings, MT 59101
(406) 259-7288

Medical Doctors and Endocrinology

Planned Parenthood of Montana
100 West Wicks Lane
Billings, MT 59105
Web: http://www.plannedparenthood.org
(406)869-5040

Jennell Duey MD
Billings Clinic West / Family Medicine
2675 Central Ave Lamplighter Square U14
Billings, MT 59102
(406) 238-2900

Brian Schnitzer, MD
Family Practice/Family Medicine
3419 N Central Ave
Billings, MT 59102
(406) 245-6336

Laser Hair Removal / Electrolysis

Advanced Laser Center
1655 Shiloh Rd. Suite E
Billings, MT 59102
(406) 252-0022

Rose Ellen Paris
(406) 672-6729

Other Resources

Billings PFLAG
UCC Conference Room
2016 Alderson Ave
Billings, MT 59102
(406)598-FLAG
Email: info@pflagbillings.org
Web: http://www.pflagbillings.org

** PFLAG Billings Meetings are the 2nd Wednesday of each month at 7:00pm

Billings (Con't)

Montana Gender Alliance – Billings Chapter
Support and discussion group for individuals of gender diversity, their families and allies
Email: mgabillings@genderexpansionproject.org
Web: http://genderexpansionproject.org/montana-gender-alliance/
(406)272-2253

Bozeman Specific Resources

Therapists

Adina Smith, Phd., LCP
Assistant Professor, MSU Health and Human Development
Director, Human Development Clinic
Montana State University
Bozeman, MT
Email: adinas@montana.edu
(406) 994-5993
(406) 580-1026

Medical Doctors and Endocrinology

Bridgercare
300 N Wilson Ave, Ste 2001
Bozeman, MT 59715
(406) 587-0681
Email: bridgercare@bridgercare.org
Web: http://www.bridgercare.org/

Community Health Partners Bozeman
214 Mendenhall St
Bozeman, MT 59715
(406) 585-1360
Web: http://chphealthmt.org/

Dr. Katie Woods
Bozeman Creek Family Health
316 East Babcok Street
Bozeman, MT 59715
(406)585-0022

Sam Mitcheell, MD & Ita Killeen, MD
MSU Student Health Services
Swingle Building
PO Box 173260
Bozeman, MT 59717-3260
(406) 994-2311
Web: http://www.montana.edu/health/

Laser Hair Removal / Electrolysis

Jess Brown
Egzact Electrolysis
524 Professional Drive Suite C
Bozeman, MT 59715
Email: info@mthairremoval.com
Web: http://www.mthairremoval.com
(406) 585-4635

Other Resources

Montana Gender Alliance Billings
A support, discussion and activism group for individuals of trans* identity.
Email: mgatmsu@genderexpansionproject.or
Web: http://genderexpansionproject.org/montana-gender-alliance/
(406)231-5446

Great Falls Specific Resources

Therapists
Center for Mental Health
915 First Avenue South
Great Falls, MT 59403
(406)761-2100

Vonnie R. Brown, LCSW
Ste 105, 1321 8th Avenue North
Great Falls, MT 59403
(406)452-2662

Medical Doctors and Endocrinology
Dr. Barry Cohan, Endocrinology
400 13th Ave S #206
Great Falls, MT 59405
(406) 268-3820

Dr. Emilia Plyoplys, MD
Great Falls Plastic Surgery
400 13th Ave S, Ste 205
Great Falls, MT 59405
406-455-2821
Web: http://www.montanaplastics.com/

Performs FTM top surgery & MTF breast augmentation, FFS and body recontouring surgery

Planned Parenthood of Montana
211 9th Street S.
Great Falls, MT 59401
Web: http://www.plannedparenthood.org
(406)454-3431

Helena Specific Resources

Therapists
Richard Emery, Ph. D, LCP
535 Saddle Dr.
Helena, MT 59601
(406) 449-8813

Medical Doctors and Endocrinology
Dr. David Lechner
820 N. Montana Ave
Helena, MT 59601
(406) 442-2300

David A. Krainacker, MD
Helena Physicians' Clinic Family Practice
3330 Ptarmigan Lane
Helena, MT 59601
(406) 442-3570

Planned Parenthood of Montana
1500 Cannon
Helena, MT 59601
Web: http://www.plannedparenthood.org
(406)443-7676

Helena (con't)

Laser Hair Removal / Electrolysis
Latha S. Vellanki, MD
Helena Dermatology & Laser Clinic P C
1 Medical Park Dr
Helena, MT 59601
(406) 443-7200

Suzy
Bitteroot Electrology
East Helena, MT 59635
(406) 227-7026

Voice Therapy
Elaine Spino, voice therapist
St. Patrick's Hospital
2475 Broadway
Helena, MT 59601
(406) 442-2480

Montana Gender Alliance – Helena Chapter
Support and discussion group for individuals of gender diversity, their families and allies
Email: mgahelena@genderexpansionproject.org
Web: http://genderexpansionproject.org/montana-gender-alliance/
(406)848-1220

Kalispell / Whitefish

Therapists
Brad Nelson, LCSW
Kalispell, MT
Email: bradleynelsonlcsw@gmail.com
(406) 261-6447

Dr Craig Walker, LCPC
8299 MT Highway 93
Bigfork, MT
(406)314-3454

Medical Doctors and Endocrinology
Dr. Steven Gordon
The Bridge Medical Center
5938 US Highway 93 South
Whitefish, MT 59937
Web: http://www.bridgemed.org
(406)863-9300

Other Resources
Flathead Valley Alliance
17 2nd St E #205
Kalispell, MT 59903
Web: http://www.flatheadvalleyalliance.org/
(406) 393-2276

Montana Gender Alliance – Kalispell Chapter
Support and discussion group for individuals of gender diversity, their families and allies
Email: mgakalispell@genderexpansionproject.org
Web: http://genderexpansionproject.org/montana-gender-alliance/
(406)848-1220

Livingston Specific Resources

Medical Doctors and Endocrinology

Dr. Rebecca Hintze
Community Health Partners
126 South Main St.
Livingston, MT 59047
Web: www.chphealth.org/
Email: rebhintze@gmail.com
(406) 222-1111

Laser Hair Removal / Electrolysis

Kay Bergsing, CPE
124 East Callender
Livingston, MT 59047
(406) 222-5583

Missoula Specific Resources

Therapists

Anna Peterson, LCPC Ed.D.
129 West Kent
Missoula, MT 59801
Email: annalogology@protonmail.com
(406) 531-0659

Anna Peterson has experience in counseling trans and gender diverse youth and adults.

Anne R. Harris, LCPC
PO Box 17842
Missoula, MT 59808
Email: annerharris@yahoo.com
406-240-9057

Jennifer S. Robohm, Ph.D.
Director, Clinical Psychology Center
Dept. of Psychology
The University of Montana
1444 Mansfield Ave.
Missoula, MT 59812
(406) 243-6890

Linda Kastelowitz, PHD. / Clinical Psychologist
519 S. 4th Street
Missoula, MT 59801
(406) 327-8830

Lindsey Doe, DHS
Birds & Bees, LLC.
1515 E. Broadway Ste. B
Missoula, MT 59802
Web: http://www.aboutsexuality.org
Email: birds@aboutsexuality.org
(406)544-1019

Missoula (Con't)

Medical Doctors and Endocrinology

Dr. Megan Svec
Dr. Cassandra Lopez
Partnership Health Center
401 Railroad St W
Missoula, MT 59802
Web: http://www.missoulacounty.us/community/partnership-health-center
(406) 258-4789

Partnership Health Center has a sliding scale fee for all patients based upon income. Partnership also has an on-site pharmacy that utilizes the sliding scale fee.

Dr. Jeff Adams & Dr. Mary Kleschen
Curry Health Center
The University of Montana
634 Eddy Ave.
Missoula, MT 59801
Email: contactcurry@mso.umt.edu
Web: http://www.umt.edu/curry/
(406) 243-2122

Dr. Eric Ravitz & Dr. Joey Banks
Blue Mountain Clinic
610 N. California
Missoula, Montana 59802
Web: http://www.bluemountainclinic.org/
(406) 721-1646

Mary Owens, Nurse Practioner
Planned Parenthood of Montana
219 East Main Street
Missoula, MT 59802
Web: http://www.plannedparenthood.org
406-830-3491
Dr. Judy Visscher
Western Montana Clinic
500 W Broadway St. #5
Missoula, MT 59802
Web: http://www.westernmontanaclinic.com
(406) 721-5600

Dr. Nancy Eyler
Fort Missoula Medical Associates
2831 Fort Missoula Road, Ste 103
Missoula, MT 59804
Web: http://www.communitymed.org
(406) 327-4791

Surgery

Dr. Clark O Taylor, MD, DDS
Surgical Arts Centre
805 S Reserve St
Missoula, MT 59801
(406) 549-6600
Email: clark@surgicalartsmt.com
Web: http://www.surgicalartsmt.com/

Dr. Stephen Hardy
Northwest Plastic Surgery Associates
2802 Great Northern Loop
Missoula, MT 59808
(406) 728-3811
Web: http://www.nwpsa.com/

Missoula Specific Resources (Con't)

Laser Hair Removal / Electrolysis

Rose Ellen Paris
(406) 682-6729

Voice Therapy

The University of Montana
RiteCare Language and Hearing Clinic
Lower Level, Curry Health Center
634 Eddy Avenue
Missoula, Montana 59812
Email: rosemary.johnson@umontana.edu
Web: http://www.soe.umt.edu/csd/RiteCare.html
Phone: (406) 243-5261/(406) 243-2405
Fax: (406) 243-6678

Other Resources

Western Montana Community Center
127 North Higgins Suite 202
Missoula, MT 59802
Web: http://www.gaymontana.org
(406)543-2224

Montana Gender Alliance – Missoula Chapter
Support and discussion group for individuals of gender diversity, their families and allies
Email: mgamissoula@genderexpansionproject.org
Web: http://genderexpansionproject.org/montana-gender-alliance/
(406)848-1220

Barbs Schott
Transgender Advocate
Partnership Health Center
401 Railroad St W
Missoula, MT 59802
Web: http://www.missoulacounty.us/community/partnership-health-center
Email: schottb@phc.missoula.mt.us
(406) 258-4121

Polson / St. Ignatius Resources

Therapists

Meg Anderson, MSW
Megan Bailey, LCSW
Sunburst Mental Health
109 1st Ave
St Ignatius, MT 59865
(406) 745-3681

Sunburst Mental Health offers mental health services, medication management and case management.

Website Resources

TSRoadMap.com

"Transsexual transition is simply a journey. Just like a trip, you decide your destination, the time you'll need to get there, and the money you'll spend." Transsexual Road Map is a travel guide to set priorities and choose your route. Its about making informed purchasing decisions and setting realistic, achievable transition goals. http://www.tsroadmap.com

PinkEssence.com – MTF Resource

Online social networking and forums for the transgender and trans-questioning community. General discussion, conference and event listings, surgical and hormone discussions, spouse support, political and activism resources.

- Montana Morning Glories chapter
  - Montana Chapter of transgender and trans-ally individuals. General discussion and resources for upcoming events around Montana.

http://www.pinkessence.com/

Hudson's Guide – FTM Resource

This Guide is intended to provide information on topics of interest to female-to-male (FTM, F2M) trans men, and their friends and loved ones. Non-trans men have also found the pages on men's grooming and clothing to be helpful. Transsexual, non-transsexual, intersex, transgender, genderqueer, questioning, and "just plain folks" are all welcome.
http://www.ftmguide.org

National Center for Transgender Equality

Dedicated to advancing the equality of transgender people through advocacy, collaboration, and empowerment
http://transequality.org/

Gender Expansion Project

Listing of upcoming transgender events in Montana and beyond, as well as Montana specific resources for the transgender community. For further questions, please feel free to contact at 406-848-1220 or info@genderexpansionproject.org, www.genderexpansionproject.org

TransgenderLiving.com

Vlogs & resources for the transgender community. Excellent resource for those who are new to the trans community, and those considering transition.
http://www.transgenderliving.com
http://www.youtube.com/user/grishno - online vlog about transition

Recommended Youtube Channels (MTF)

http://www.youtube.com/user/grishno
http://www.youtube.com/user/karmatic1110
http://www.youtube.com/user/candiFLA - excellent voice training resource
http://www.youtube.com/user/debutantebrawl
http://www.youtube.com/user/MeghansLife
http://www.youtube.com/user/Darkwitchtori

Recommended Youtube Channels (FTM)

http://www.youtube.com/user/charlesasher
http://www.youtube.com/user/DominoAyeJae
http://www.youtube.com/user/AidenDaniel

Trans Terms

As Defined by Banyan Counseling Center

Androgyny (also androgynous, bi-gendered, no-gendered): A person [a] who identifies as both or neither of the two culturally defined genders; and/or [b] who expresses and/or presents merged culturally/stereotypically feminine and masculine characteristics, or mainly neutral characteristics. May or may not express dual gender identity.

Assigned Gender: The announcement by doctors (It's a boy/girl) based on what your physical anatomy looks like. Based on this, you are supposed to grow up, to be and exist within a certain set of gender roles.

Binary Gender System: A culturally defined code of acceptable behaviors which teach that there are men and women, who are masculine and feminine, and that there is nothing outside this system. The problem that occurs when we talk about gender is that everything is set in the binary system, but the gender issues that we are talking about exist in a multi-gender system and do not neatly fit into a binary system.

Binding: The practice of taping or compressing the chest or "breast tissue" so that one can pass as a man, this is done with extremely tight bras, elastic bandages, and other methods.

Bottom Surgery: "below the waist", to either create a vagina (for a male-to-female, MTF) or a penis and testicles (for a female-to-male, FTM). There are many different issues that cause each person to make the decision to either have or not have the surgeries. Some factors include: desire, expense, physical health, age, and access to medical care and information. There are also many difficulties that can occur with these surgeries, which will factor into each individual's decision-making.

Butch: Used to identify a person who expresses and/or presents culturally/stereotypically masculine characteristics. Often a person who self-identifies to a great degree with the stereotypically masculine end of a gender characteristic spectrum. Can be used either as a positive or negative term.

Cisgender: A term used to refer to individuals whose physical sex is consistent with their gender identity from birth.

Coming Out: The process of becoming aware of and understanding and accepting one's own sexual orientation/gender identity. Also the ongoing process of decision-making about the level of openness a person feels in disclosing this information to another person or people.

Cross-Dressing (Also Transvestite, Transvestitism): A person who wears the clothing considered typical for another gender on occasion, but does not desire to change their gender. Reasons for cross-dressing can range from a need to express a feminine or masculine side to attainment of erotic/sexual/fetish gratification. Cross-dressers can be of any sexual orientation, but within this community, there is a large percentage of heterosexually/straight-identified individuals.

Cross-Living: Cross-living is cross-dressing full-time (which is also referred to as 24/7), and living as the gender which you perceive yourself to be.

Drag (also Drag King, Drag Queen, Female/Male Impersonator): Wearing the clothing of another gender, often with exaggerated cultural/stereotypical gender characteristics. Individuals may identify as Drag Kings (female in drag) or Drag Queens (male in drag). Drag often refers to dressing for functional purposes such as entertainment/performance or social gatherings. Drag has held a significant place in GLBT history and community.

F2M/FTM (Female to Male): Used to identify a person who was female bodied at birth and who identifies as male, lives as a man, or identifies as masculine.

Female Bodied: A person who was assigned a female gender at birth, or a person who has had their genitals surgically altered to be a woman.

Gender-Bender (also Gender-Blender): A person who merges characteristics of all genders in subtle ways or intentionally flaunts merged/blurred cultural/stereotypical gender nonns for the purpose of shocking others, without concern for passing.

Gender Dysphoria: An intense continuous discomfort resulting from an individual's belief in the inappropriateness of their assigned gender at birth and resulting gender role expectations. Also, clinical psychological diagnosis, which offends many in transgender communities, but is often required to receive hormones and/or surgery.

Gender Queer: A term which is used by some people who may or may not fit on the spectrum of trans, or be labeled as trans, but who identify their gender and their sexual orientation to be outside the assumed norm.

Gender Reassignment Surgery--GRS (also Sex Reassignment Surgery--SRS): Permanent surgical refashioning of genitalia to resemble the genitalia of the desired gender. Sought to attain congruence between one's body and one's gender identity.

Genetic: Often used to refer to the assigned gender at birth. Also used to refer to the discussion of the chromosomal makeup of an individual. Can be seen as a derogatory term in the trans community when used in certain connotations.

Getting Read (Clocked): Being detected as a person who is cross-dressed.

Hir: Used in place of him/her, a new pronoun for those folks who stand outside the binary system that we have in this society.

Homophobia (also Biphobia): The irrational fear of love, affection, and erotic behavior between people of the same gender. Expressed as negative feelings, attitudes, actions or behaviors against those perceived as non-heterosexuals. Often directed at those perceived as expressing and/or presenting culturally/stereotypically non-heterosexual characteristics and/or **Homophobia (also Biphobia):** (con't) - blurred gender roles. Biphobia also includes refuting the existence of bisexuality by believing every individual is either homosexual or heterosexual.

Homosexual: An individual who is emotionally, spiritually, physically, and/or sexually attracted primarily to those of the same gender. One's sexuality is not affiliated to one's gender, sex, gender identity or gender expression.

Hormone Therapy (also Hormone Replacement Therapy, HRT, Hormonal Sex Reassignment): Administration of hormones to affect the development of secondary sex characteristics of the opposite assigned gender; this is a process, possibly lifelong, of using hormones to change the internal body chemistry. Androgens (testosterone) are used for female-to-males, and Estrogens are used for male-to-females.

In the Closet: Not disclosing (coming out) or being secretive about an individual's own sexual orientation and/or gender identity.

Internalized Homophobia (also Internalized Transphobia): The belief that same-gender sexual orientation and/or gender identity is inferior to heterosexual orientation and/or masculine or feminine gender identity. The internalization of negative messages, feelings about oneself and one's group, and the beliefs about how people like you should be treated, which often leads to self-hate and difficulty with self-acceptance. Also, irrational fear of breaking cultural or stereotypical gender roles.

Intersexed (also Hennaphrodite): An Individual born with full or partial genitalia of both genders, or with underdeveloped or ambiguous genitalia. Surgery is common in infancy, when a singular gender is assigned. Many who have surgery develop feeling a sense of loss of an essential part of themselves.

M2F, MTF, Male-to-Female: Used to identify a person who was male bodied at birth and who identifies as a female, lives as a woman, or identifies as feminine.

Male Bodied: A person who was assigned a male gender at birth, or a person who has had their genitals surgically altered to be a man.

Non-Op: Individuals who have not attained and may not desire to attain gender reassignment surgery, and may or may not take hormone therapy. For many individuals, self-identification and self-expression, through cross-living or other methods of gender identity achieve harmony or congruence between one's body and one's gender identity and there is no need felt for surgical reconstruction.

Pansexual (also Omnisexual): An individual who is emotionally, spiritually, physically, and/or sexually attracted to those of any gender or physical makeup.

Passing: The ability for a person to present themselves in another gender than which they live full-time or in which they were assigned at birth.

Pre-Op (also Pre-Operative): Transsexual individuals who have not attained gender reassignment surgery, but who desire to and are seeking that as an option. They may or may not cross-live full time and may or may not take hormone therapy. They may also seek surgery to change secondary sex characteristics.

Post-Op (also Post-operative): Transsexual individuals who have attained gender reassignment surgery, and/or other surgeries to change secondary sex characteristics.

Presentation: The totality of one's appearance when dressing, including voice, behavior, appropriateness of clothing for the situation, etc.

Queer: Used to identify someone who aligns themselves with the trans, bisexual, lesbian, and gay (GLBT) community, a term which is often taken back in a positive way for self-identification, and a term historically used only in a negative context to ridicule and label anyone not conforming to heterosexual persons and societal gender expectations.

Real Life Test (also Life Test): A period of time required of individuals seeking gender reassignment surgery during which they must live full-time expressing and presenting the gender in which they identify. Many doctors require a Real-Life Test of two or more years before advancing to surgery.

Secondary Sex Characteristics: The changes that occur when a person reaches puberty. They include but are not limited to: facial and body hair growth, muscle development, voice changes, breast development, and the ability to reproduce.

Sex Assignment: The declaration, by doctors, based on what your external genitalia looks like, which gender you are; therefore you are supposed to grow up and exist within a certain set of gender roles.

Standards of Care: A set of minimum guidelines formulated by the Harry Benjamin International Gender Dysphoria Association, Inc. (HBIGDA) for care of transsexual individuals and providing requirements for consumers and service providers. These standards of care are now outlined by the World Professional Association for Transgender Health.

Shape Shifter (also Metamorph): Used by some people who choose not to identify as transsexuals, to express their belief they are not changing their gender, but changing their body to reflect their inner feelings and gender identity.

Top Surgery: Surgery "above the waist," usually breast augmentation for MTFs and breast reduction for FTMs. There are many different issues that cause each person to make the decision either to have or not have the surgeries, some factors include: desire, expense, physical health, age, and access to medical care and information. There are also many difficulties that can occur with these surgeries, which will factor into each individual's decision-making process.

Trans (also Transgender): Those who transgress societal gender norms; often used as an umbrella term to mean those who defy rigid, bipolar gender constructions, and who express or present a breaking and/or blurring of cultural/stereotypical gender roles. This includes: androgynes, cross-dressers, gender-benders, intersexed individuals, shape-shifters, transvestites, and transsexuals.

Transgender Community (also Gender Community): A loose association of individuals and organizations who transgress gender norms in a variety of ways. Celebrating a recently born self-awareness, this community is growing fast across all lines. The central ethic of this community is unconditional acceptance of individual exercise of freedoms including gender and sexual identity and orientation.

Transgenderist: People who choose to cross-live full time, but who choose not to have Sex Reassignment Surgery/Gender Reassignment Surgery. They may or may not have some surgeries, and they may or may not use hormones.

Ze: Used in place of she/he, a new pronoun when you need to talk about an individual whose gender does not neatly fit into a particular box.

Transition: The period during which a transgender individual (usually transsexual) begins to live a new life in their gender. Also, includes the period of full-time living (Real Life Test) required before gender reassignment surgery.

Transphobia (also genderphobia): The irrational fear of those who are perceived to break and/or blur cultural/stereotypical gender roles, often assumed to be queer. Expressed as negative feelings, attitudes, actions or behaviors against those perceived as breaking and/or blurring cultural/stereotypical gender roles.

Transsexual (also Female-to-Male (FTM/F2M), Male-to-Female (MTF/M2F), Pre-Operative, Post-Operative, Non-Operative): A person who, through experiencing an intense long-term discomfort resulting from feeling the inappropriateness of their assigned gender at birth and discomfort of their body, adapts their gender role and body in order to reflect and be congruent with their gender identity. This may include cross-living, synthesized sex hormones, surgery and other body modification which may or may not lead to the feeling of harmony between a person's body and gender identity. The use of the word of ‘transsexual’ is being phased out, as many believe that it implies sexuality as the root of an individuals gender transition.

About the Gender Expansion Project

The Gender Expansion Project's mission is to promote gender inclusive education and awareness surrounding transgender, transsexual, intersex and gender diverse people through evidence based care, education, research, advocacy, public and private policy and respect in transgender health and wellbeing.

We, as an organization, envision the future of the project bringing together diverse professionals dedicated to developing best practices and supportive policies and programs throughout Montana which promote health, research, education, respect, dignity and equality for transgender, transsexual, intersex and gender diverse people of Montana and beyond.

As an interdisciplinary and professionally focused organization, the Gender Expansion Project will work to further the understanding, care, treatment and acceptance of transgender, transsexual, intersex and gender diverse individuals. With an emphasis on the health and well being of these individuals, the Gender Expansion Project will work to further the understanding and treatment of gender identity disorders and related gender variant health concerns by professionals in medicine, psychology, law, social work, psychotherapy, family studies, sociology, anthropology, sexology, speech and voice therapy, among other related fields

The Gender Expansion Project will provide opportunities for professionals from various sub-specialties to communicate with one another in the context of the needs of those of gender diversity in the areas of medicine, psychology, law, social work, psychotherapy, family studies, sociology, anthropology, sexology, speech and voice therapy, and other professional care focuses, as well as providing opportunities for community professionals, including corporate staff, human resource professionals, community organizers and organization administration to further their education of the issues surrounding those of transgender, transsexual, intersex and gender diverse identities, including access to basic needs, access to public assistance, access to equal employment and equality both at a public and private policy level.

GUIDE UPDATED FEBRUARY 2016

127 N. Higgins, Suite 202
Missoula, MT 59802
(406)848-1220
Email: Info@genderexpansionproject.org
Web: http://www.genderexpansionproject.org

Questions, Comments, Need to Talk?

General Questions / Comments
Email: info@genderexpansionproject.org
Phone: (406)848-1220

Need to Talk?
Contemplating Suicide?
Trans Lifeline is here to help!
Trans* run / trans* led suicide prevention
US: (877)565-8860
Canada: (877)330-6366

Trevor Lifeline: (866)488-7386
Trevor Text: Text the word "Trevor" to 1-202-304-1200**
**requires a 1 time registration via smartphone or computer

Not an emergency?
Gender Expansion Project
Phone:
(406)848-1220
Email:
Bree.Sutherland@genderexpansionproject.org

available 24/7, if no answer, please leave name and we will get back to you very shortly.

Resources / Referrals
http://www.genderexpansionproject.org/resources
Email:
resources@genderexpansionproject.org
Phone: (406)848-1220